



The Vermont Department of Health encourages schools to adopt evidence-based prevention measures to address the youth vaping epidemic. These include delivering education on the health impacts of vaping, increasing perception of harm and strengthening social norms. Punitive measures, such as suspension for violations and vaping detector placement, are not proven effective and do not support youth in ending their tobacco experimentation or dependency. Health Department and CDC funding cannot be used for the purchase of vaping detector devices.

Public Health Strategies for Reducing Vaping or Smoking

- [Addressing Vaping in Vermont Schools: An Educational Toolkit](#)
- [INDEPTH: An Alternative to Suspension or Citation](#)
- [Healthy Futures](#)

Vaping Prevention Resources

- [Vermont Tobacco Control Program](#)
- [CDC](#)
- [Alliance for a Healthier Generation](#)

Tobacco Free Campus Policy

- [Vermont School Board Association Tobacco Prohibition Policy for Students and Staff](#)

Youth Engagement Framework

This Positive Youth Development framework provides support to help students become leaders, educators and change makers in their schools and communities:

- [Vermont Kids Against Tobacco \(VKAT\)](#), middle school chapters
- [Our Voices Xposed \(OVX\)](#), high school chapters
- [Getting to Y](#)

Free Voluntary Youth Cessation Programs

- [My Life My Quit](#), offered by the Vermont Department of Health
- [Smokefree Teen](#), provided by the National Cancer Institute
- [Not on Tobacco](#), provided by the American Lung Association
- [NOT for Me](#), provided by the American Lung Association

To start a VKAT or OVX chapter in your school, or for more information on vaping prevention, email the Vermont Tobacco Control Program at tobaccovt@vermont.gov.

Key Points

Implement evidence-based prevention curriculums, cessation supports and restorative practice policies as alternatives to suspension programs.

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