

## Substance Misuse Prevention Oversight and Advisory Council August Meeting Minutes

<b>Mtg. Facilitator:</b> Nicole Rau Mitiguy
<b>Meeting Recorder:</b> Tammie Bridge
<b>Where:</b> Microsoft Teams meeting
<b>Date:</b> 8/23/2021
<b>Start Time:</b> 1:00 pm
<b>End Time:</b> 3:00 pm

<b>Council Attendees</b> Mark those present with an "X"
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	Name	Organization and Role		Name	Organization and Role
X	Kelly Dougherty	Health Department, Co-Chair		Skylar Dryden	Youth Representative
X	Melanie Sheehan	Mt. Ascutney Hospital and Health Center, Co-Chair		Peter Espenshade	Recovery Vermont
	Daniel French	Agency of Education, Executive Committee Member	X	Courtney Farrell	Lund
X	Chris Herrick	Dept. of Public Safety, Executive Committee Member		Clay Gilbert	Rutland Mental Health, Evergreen Recovery Center
X	Monica Hutt	Office of Governor Phil Scott, Executive Committee Member	X	Cindy Hayford	Deerfield Valley Community Partnership
X	Amy Brewer	Northwestern Medical Center		Roger Marcoux	Lamoille County Sherriff Department
X	Rebecca Brookes	Upstream Social Marketing		Maryann Morris	The Collaborative
	Moses Delane	Youth Representative	X	Jillian Rinehart, MD	University of Vermont Medical Center
X	Kimberley Diamond	Big Brother Big Sister		David Allaire	City of Rutland
X	John Searles, Ph.D.	Retired, Dept. of Health	X	Daisy Berbeco	Vermont Department of Mental Health
X	Stephen Von Sitas	Regional Treatment Court	X	Janet Potter	Student Assistant Professional Hartford School District
X	Skyler Genest	Dept. of Liquor and Lottery			

#	Time Allotted (Optional)	Type of Topic	Agenda Item (Topic/Objective)	Notes
1	1:00-1:10	<input checked="" type="checkbox"/> Inform	Welcome, Introductions,	Introduction with Kelly Dougherty, Health Department Co Chair

		<input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision		<p>School is starting for many this week it is exciting for our youth getting back to social connection and hopefully things that keep them all healthy &amp; well connected at less risk of engaging in risky behaviors.</p> <p>Introduction of SMPC members</p>
2		<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Review of July minutes	<ul style="list-style-type: none"> <li>• July minutes approved as written</li> <li>○ Most action items were addressed</li> <li>○ A few will be carried over to the October meeting, which mainly pertain to more information on zoning issues and redefining prevention for the annual report.</li> </ul>
3		<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input type="checkbox"/> Decision	Intervention Treatment and Recovery	<ul style="list-style-type: none"> <li>• Meeting held August 11<sup>th</sup>, focused primarily on access to treatment. <ul style="list-style-type: none"> <li>○ Residential treatment and the difficulties people are experiencing because of staffing issues, rather than a shortage of beds</li> <li>○ Brainstorming on way to overcome the challenges such as funding possibilities to find beds out of state.</li> <li>○ Stable housing has been identified as a priority in the ITR recommendation creation process as stable, and safe housing, can be key for many individuals to achieve and maintain recovery</li> </ul> </li> </ul>
4		<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision	Cannabis Control Board (CCB)	<ul style="list-style-type: none"> <li>• The CCB subcommittees are taking a deep dive in conversations regarding tax &amp; regulations being main topics. The board remains open in terms of what is important to those working in prevention. <ul style="list-style-type: none"> <li>○ Cannabis Control Board have a draft Mission statement wording <u>draft</u> will stay with the life of the document as it will change with time. <ul style="list-style-type: none"> <li>○ Draft mission statement can be found <a href="#">here</a></li> </ul> </li> <li>○ A full advisory committee has been formed with Dr. Lavine being the SMPC Representative</li> <li>○ The eight sub-committees will start meeting twice a weekly with Regulations and Rules being the topics of focus</li> <li>○ The CCB feels they are on track with all deadlines.</li> <li>○ Meetings are public and will be recorded and posted, but not live streamed.</li> <li>○ The Cannabis Control board have hired two consulting groups <ul style="list-style-type: none"> <li>○ One consulting group will focus on market structure and the other will focus more on help with meeting all the committee's deadlines.</li> </ul> </li> </ul> </li> <li>• Public Comment:</li> </ul>
5		<input checked="" type="checkbox"/> Inform	SMPC Recommendations	<ul style="list-style-type: none"> <li>• Draft recommendations can be found <a href="#">here</a></li> <li>• Two Recommendations reports are being worked on</li> </ul>

		<input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision		<ol style="list-style-type: none"> <li>1. Report to VDH share priorities and feedback</li> <li>2. Annual Report to Legislature</li> </ol> <ul style="list-style-type: none"> <li>• <b>Communications:</b> Sub-committee will be meeting in September to fine tune communications recommendations.</li> <li>• <b>Equity:</b> Recommendations will also be updated in September with a goal to simplify the language being used.</li> <li>• <b>Policy:</b> Concern of whom will be monitoring the THC level in Cannabis, currently the Cannabis Control board can only recommend higher amounts of THC.</li> <li>• <b>Prevention:</b> <ul style="list-style-type: none"> <li>○ Suggestion that funding should be set aside for TV ads to address the danger of impaired driving like the drunk driving ads that are currently in place. More funding is need for campaigns regarding impaired driving of all substance. ADT is very concerned with highway safety and the problem with impaired driving.</li> <li>○ Education and awareness are needed for older adult with medical medications and substance misuse. Suggestion to distribute educational information to medical offices and pharmacies would be helpful.</li> <li>○ Law enforcement could benefit by having backup support in situation such as overdose or substance misuse problem. Counseling the person/family involved in the current situation.</li> <li>○ Committee voted in favor of moving more discussion on Prevention to the October meeting.</li> </ul> </li> <li>• SMPC voted to move the report as written, excluding the communications recommendations, will be sent to VDH</li> </ul>
6		<input checked="" type="checkbox"/> Inform <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Decision		<ul style="list-style-type: none"> <li>• SMPC goal for a Comprehensive System of Prevention in the state <ul style="list-style-type: none"> <li>• Inventory of what is currently in place</li> <li>• ADAP and other departments work more closely together</li> <li>• Map of where in the state we are lacking resources</li> </ul> </li> <li>• Potential gap of information collection for the prevention inventory includes law enforcement prevention and intervention (secondary prevention) efforts</li> <li>• One identified gap in our current system is prevention of substance misuse amongst older Vermonters <ul style="list-style-type: none"> <li>○ This can include the co-use of medication and alcohol, fall prevention as it relates to medication and alcohol use, and the rate of emergency department visits related to alcohol and medication use</li> <li>○ Potential to add more programming within primary care and pharmacists for education and prevention work to happen for older Vermonters</li> </ul> </li> </ul>

				<ul style="list-style-type: none"> <li> <ul style="list-style-type: none"> <li>▪ Tobacco Program at VDH worked on a two-year initiative to include pharmacists in engaging pharmacists as part of tobacco cessation efforts. There could be lessons learned from this work.</li> </ul> </li> <li>• Potential use of addition funding for prevention: <ul style="list-style-type: none"> <li>○ Post overdose outreach connected with law enforcement agencies</li> <li>○ Utilize additional funding to stabilize the current funding structure in prevention (long term goal)</li> <li>○ Potential to use some of the ARPA funds to expand communications work to meet previously identified communications gaps</li> <li>○ Putting resources toward strategic planning for the potential for ongoing collaboration between prevention and overdose prevention work and streamlining this work across the spectrum</li> <li>○ The inventory noted only 50% of the programming captured in this report are identified as evidence based, could funding go to expand this percentage to be higher</li> </ul> </li> <li>• What do we need to move toward a comprehensive prevention system in Vermont <ul style="list-style-type: none"> <li>○ There may be more collaborations happening, for example in overdose prevention, that we are not aware of, so is there an opportunity to highlight more of the collaborations that we currently have happening <ul style="list-style-type: none"> <li>▪ This could also develop a network of “prevention ambassadors” who naturally bring prevention into all of their conversations and ensure prevention has a spot at multiple tables which will maximize our funding overall. This can be completed through current work, just reframing how the work is talked about.</li> </ul> </li> <li>○ An opportunity for ADAP and the Tobacco Control Program to be less separate; they are current collaborative but the way the work happens is separate when working with the same partners on the ground. <ul style="list-style-type: none"> <li>▪ Funding could be a potential issue for this as there are different federal funding streams</li> </ul> </li> <li>○ Ensuring we are paying attention to all geographic regions. The prevention mapping project can help us visualize this work.</li> <li>○ A key question for the SMPC is weighing in on a local coalition approach vs. a regional prevention approach</li> </ul> </li> <li>• Public Comment: <ul style="list-style-type: none"> <li>○ Charles Gurney</li> <li>○ Raquel Aronhime</li> </ul> </li> </ul>
		<input checked="" type="checkbox"/> Inform		<ul style="list-style-type: none"> <li>• SMPC is currently at the two-year mark with membership term is also held for two-year term.</li> </ul>

				Please send survey back to <a href="mailto:Nicole.Rau@vermont.gov">Nicole.Rau@vermont.gov</a> by September 17, 2021. With some members retiring the executive committee will be accepting applications for new members.
	3:00	<input checked="" type="checkbox"/> Inform <input type="checkbox"/> Discussion <input type="checkbox"/> Decision	Adjourned	<ul style="list-style-type: none"> <li>Evaluation survey of this meeting can be found in the chat box</li> </ul>

Action Item Log			
#	Action Item	Due Date	Individual Responsible
1	Email Nicole Rau Mitiguy ( <a href="mailto:nicole.rau@vermont.gov">nicole.rau@vermont.gov</a> ) if you or a group you are a part of are interested in joining the Intervention, Treatment, and Recovery Committee	Ongoing	SMPC Members Nicole Rau Mitiguy (NRM)
2	Contact Nicole Rau Mitiguy ( <a href="mailto:nicole.rau@vermont.gov">nicole.rau@vermont.gov</a> ) if you are interested in serving on one of the four subcommittees: Communications, Equity, Policy, Prevention.	Ongoing	SMPC Members NRM
3	Share Cannabis Control Board draft mission statement and 8 subcommittees	9/15/2021	Monica Hutt NRM
4	Finalize language for inclusion in the annual report regarding communications efforts and support	10/1/2021	Rebecca Brookes NRM
5	Distribute Prevention Mapping Meeting Doodle	8/31/2021	Melanie Sheehan NRM SMPC members
6	Gathering information on zoning issues that were unclear in original cannabis legislation	10/25/2021	Melanie Sheehan
7	Share previous work on defining prevention	10/25/2021	Melanie Sheehan Maryann Morris

DRAFT - NOT APPROVED