



DEPARTMENT OF HEALTH

ADAP Strategy/Activity Planning Tool

STRATEGY	NURTURING PARENTING PROGRAM
Goal	Reduce underage and binge drinking among persons aged 12 to 20, Reduce marijuana use among persons aged 12 to 25 AND Reduce prescription drug misuse among persons aged 12 to 25
Evidence based?	Yes
IOM Category	Universal Direct
CSAP Strategy type	Education

KEY ACTIVITIES:
<i>Description of key activities (fidelity steps) that will be completed to fully implement the strategy</i>
1. Identify program facilitator(s) (can be done with one, but two is preferable). Ideally facilitators have experience running groups, teaching parenting education or counseling.
2. Facilitators are trained by a Prevent Child Abuse Vermont Family (PCAV) Support Coordinator. This training includes how to implement the Nurturing Parenting Programs, mandated reporting of child abuse, team building, and group dynamics.
3. Identify which of the Nurturing Parenting Programs meets the needs of your target population (there are a total of 12 different curricula used in VT to meet differing needs – contact PCAV for information on the twelve curricula).
4. All group facilitators receive training from a licensed or certified s/a clinician or a trained PCAV Family Support Program Coordinator on the impact of substance abuse on the family, signs and symptoms of s/a, and ways of intervening.
5. Choose dates, site and time for program sessions.
6. Develop a publicity strategy.
7. Distribute publicity to recruit participants.
8. Register participants– aim for 12-16.
9. Secure childcare, transportation, incentives and/or scholarships as needed to reduce barriers to participation. Note: Incentives cannot exceed a value of \$30 per participant.
10. Prepare materials needed for start of the program.
11. At the first session, conduct pre-test using supplemental substance abuse prevention questions.
12. Conduct all required sessions as specified by Facilitator Manual, including supplemental content on substance abuse prevention provided by PCAV.
13. Ask participants to complete program evaluation, including supplemental substance abuse prevention questions, at last session.
14. Analyze pre and post results and develop summary report to share with stakeholders. Email summary to the Regional Prevention Partnerships Program Manager.
Additional indicators to be reported to ADAP: <ul style="list-style-type: none"> a. Please indicate the total number of new individuals reached by this intervention during the past quarter. If no new individuals were reached by this intervention during the past quarter, please enter 0.

Source: <https://www.pcavt.org/nurturing-parents>

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