

Allergies

Section 3

Updated 5/1/2017

Standing Order Form for Stock Epinephrine Auto Injector and Protocol First-time Life-Threatening Allergic Reaction (Anaphylaxis) PreK-12 Schools

The following standing orders apply to persons who do not have individual orders provided by parents and/or private physicians. The guidelines apply to persons with allergic symptoms triggered by touching, inhaling or ingesting allergens or by insect stings

- Before administering medications, attempt to obtain a history from the patient or bystanders, check for Med-Alert bracelets, etc., to ascertain if patient has any underlying condition that could mimic allergies or anaphylaxis.
- If there is reasonable evidence that the person is having an **allergic reaction** and it appears that death is imminent, give epinephrine regardless of age.

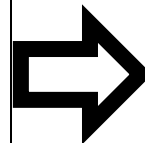
Any **SEVERE SYMPTOMS** after suspected or known exposure:

One or more of the following:

- LUNG:** Short of breath, wheeze, repetitive cough
HEART: Pale, blue, faint, weak pulse, dizzy, confused
THROAT: Tight, hoarse, trouble breathing and/or swallowing or speaking
MOUTH: Obstructive swelling (tongue and/or lips)

Or combination of symptoms from different body areas:

- SKIN:** Hives, itchy rashes, swelling (e.g., eyes, lips)
GUT: Vomiting, diarrhea, belly cramps
NEURO: Fear, apprehension, feeling of impending doom, passing out



- 1. INJECT EPINEPHRINE IMMEDIATELY**
2. Call 911
3. Begin monitoring (see box below)
4. Send used auto-injector/s to emergency department with patient

Medications/Doses

Select appropriate epinephrine dose, based on weight; **if unable to assess weight, use larger dose.**

- Dosage:** **0.15 mg Epinephrine** auto-injector IM, if less than 55 pounds (25 kg)
0.30 mg Epinephrine auto-injector IM, if 55 pounds (25 kg) or more [[AAAAI, 2015](#)]

Monitoring – Airway, Breathing, Cardiac

Stay with student; alert health care professionals and parent. Note time when epinephrine was administered and inform rescue squad upon arrival; request an ambulance with epinephrine. **A second dose of epinephrine can be given 5 minutes or more after the first** if symptoms persist or recur. For a severe reaction, consider keeping student/patient lying on back with legs raised. Treat student even if **parents** cannot be reached (See back for auto-injection technique). Provide CPR if necessary and/or other first aid measures as needed.

PHYSICIAN INFORMATION

Name/Title (Printed): _____

Practice Name _____

Contact Number: _____

Address: _____

SIGNATURE: _____

Authorization dates: Start _____ Stop: _____

AUTHORIZING ADMINISTRATOR INFORMATION

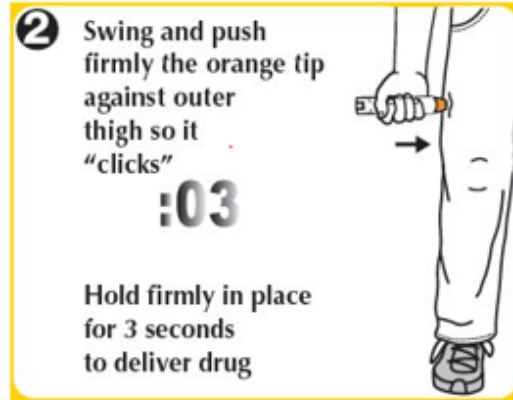
School Administrator (Printed): _____ Date: _____ School/District: _____

SIGNATURE: _____ [NOTE: Maintain list of trained, designated personnel]

Please attached copy of instructions from the package insert

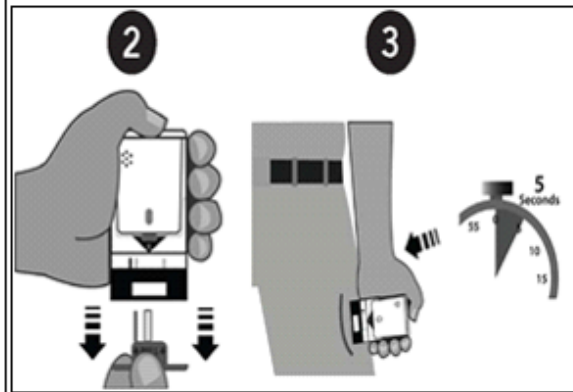
Instructions for Administration of Epinephrine Auto-Injector

EPIPEN® & EPIPEN JR®



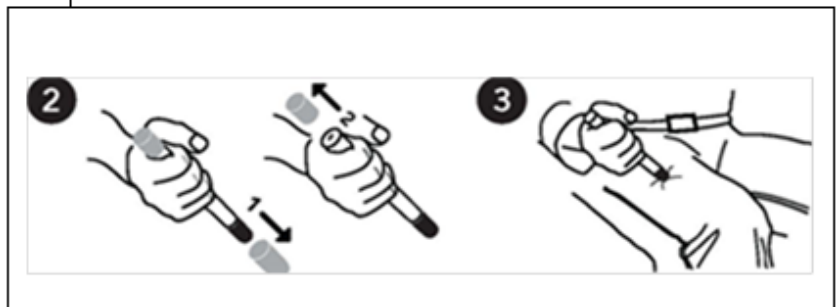
Auvi-Q™ (Epinephrine Injection, USP) Directions

1. Remove the outer case of Auvi-Q. this will automatically activate the voice instructions.
2. Pull off red safety guard.
3. Place black end against mid-outer thigh.
4. Press firmly and hold for 5 seconds.
5. Remove from thigh.



AdrenaCLICK® / AdrenaCLICK® Generic Directions

- 1 Remove the outer case.
- 2 Remove grey caps labeled "1" and "2".
- 3 Place red rounded tip against mid-outer thigh.
- 4 Press down hard until needle penetrates.
- 5 Hold for 10 seconds. Remove from thigh.



Liability: "Designated personnel, a school, and a health care professional prescribing an epinephrine auto-injector to a school shall be immune from any civil or criminal liability arising from the administration or self-administration of an epinephrine auto-injector under this section unless the person's conduct constituted intentional misconduct. Providing or administering an epinephrine auto-injector under this section does not constitute the practice of medicine." V.S.A. 16 § 1388.