

There are many resources in Vermont to help you stay safe, mobile, and independent as you age. Learn more about the variety of resources below.

## Comprehensive Driver Evaluations & Driver Rehabilitation Programs

Occupational therapists across Vermont offer specialized screening, driver evaluations, and rehabilitation. Find a location near you.

- **University of Vermont Medical Center - Driver Rehab Program, Burlington**  
Call: 802-847-3140
- **Central Vermont Medical Center - Clinical Driver Assessments, Berlin**  
Call: 802-847-3140
- **Rutland Regional Driver Assessment Program, Rutland**  
Call: 802-772-2490
- **Adaptive Driving Associates, White River Junction**  
Call: 802-296-2004

## Safe Driving Programs

- **Vermont Department of Motor Vehicles (DMV) – Mature Drivers, Statewide:**  
The DMV offers driver evaluations, but also work to keep older drivers on the road as long as possible.  
Call: 888-970-0357
- **AARP Smart Driver Course, online:** A refresher course specifically designed for drivers aged 50 and older. Drivers may benefit from a discount on their auto insurance premium upon completing the course.  
<https://www.aarp.org/auto/driver-safety/driving-assessment/>
- **AAA RoadWise Driver Program, online:** a senior defensive driving program is an online course designed to positively affect driving behavior and help you learn about and adjust to age-related physical changes.  
<https://aaadriver.online/register/roadwise>

## Transportation Options

- **Rides In Sight:** provides information about senior transportation options in local communities throughout the United States.  
Call: +1-855-607-4337 or visit <https://ridesinsight.org>
- **Vermont Public Transportation Association:** provides mobility choices for seniors (60+) and people with disabilities through various funding programs.  
Call: 802-442-0629

## Additional Older Adult Resources & Support

- **Vermont Department of Health:** Webpage with interactive map of resources for older drivers, caregivers and loved ones, community members, and more: [www.healthvermont.gov/OlderDrivers](http://www.healthvermont.gov/OlderDrivers)
- **CDC MyMobility Plan:** Tips and resources on how to stay mobile and independent as you age:  
[http://www.cdc.gov/motorvehiclesafety/older\\_adult\\_drivers/mymobility](http://www.cdc.gov/motorvehiclesafety/older_adult_drivers/mymobility)
- **Area Agencies on Aging:** These agencies offer information and assistance to Vermonters age 60+ and their care partners. Visit [vermont4a.org](http://vermont4a.org) or  
Call 1-800-642-5119 to connect to your local agency
- **Vermont 211:** a database that contains detailed descriptions of programs and services available to Vermonters.  
Call: 2-1-1
- **Department of Disabilities, Aging, and Independent Living (DAIL):**  
Responsible for management and oversight of a full array of long-term services and supports for older Vermonters.  
Call: 802-241-0294