Health Status Indicators	VT 2018	District Trend	Most Recent District %^	Estimated # of Adults in District**
Have Personal Health Care Provider	86%		86%	21,000
Have Health Insurance, Ages 18-64	92%		94%	17,000
General Health Status is Fair or Poor	14%		18%	4,000
Poor Mental Health	12%		16%	4,000
Poor Physical Health	12%		11%	3,000
Did Not Visit Doctor Due to Cost	8%		8%	2,000

Preventative Behaviors and Health Screening

	VT 2018	District Trend	Most Recent District %^	Estimated # of Adults in District**
Routine Doctor Visit, in Last Year	76%		77%	18,000
Cholesterol Screened, in Last Five Years*^	83%		73%	17,000
Dental Visit in Last Year*^	73%		68%	15,000
Met Physical Activity Recommendations*^	60%		55%	12,000
Ever Tested for HIV	38%		35%	8,000
Cervical Cancer Screening, Women 21-65*^	86%		87%	7,000
Colorectal Cancer Screening, Ages 50-75*^	71%		71%	7,000
2+ Daily Fruit Servings*^	32%		31%	7,000
3+ Daily Vegetable Servings*^	20%		17%	4,000
5+ Daily Fruit & Vegetable Servings*^	20%		16%	4,000
Met Strength Building Recommendations^	31%		26%	6,000
Pneumococcal Vaccine, Ever, Ages 65+	75%		71%	4,000
Any Teeth Extracted, Ages 45-64^	48%		60%	4,000
Breast Cancer Screening, Women 50-74*^	77%		74%	3,000
Flu Shot in the Last Year, Ages 65+	54%		57%	3,000
Feel Community is Not Safe for Walking^	9%		10%	2,000

District Trend years: 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017, 2017-2018
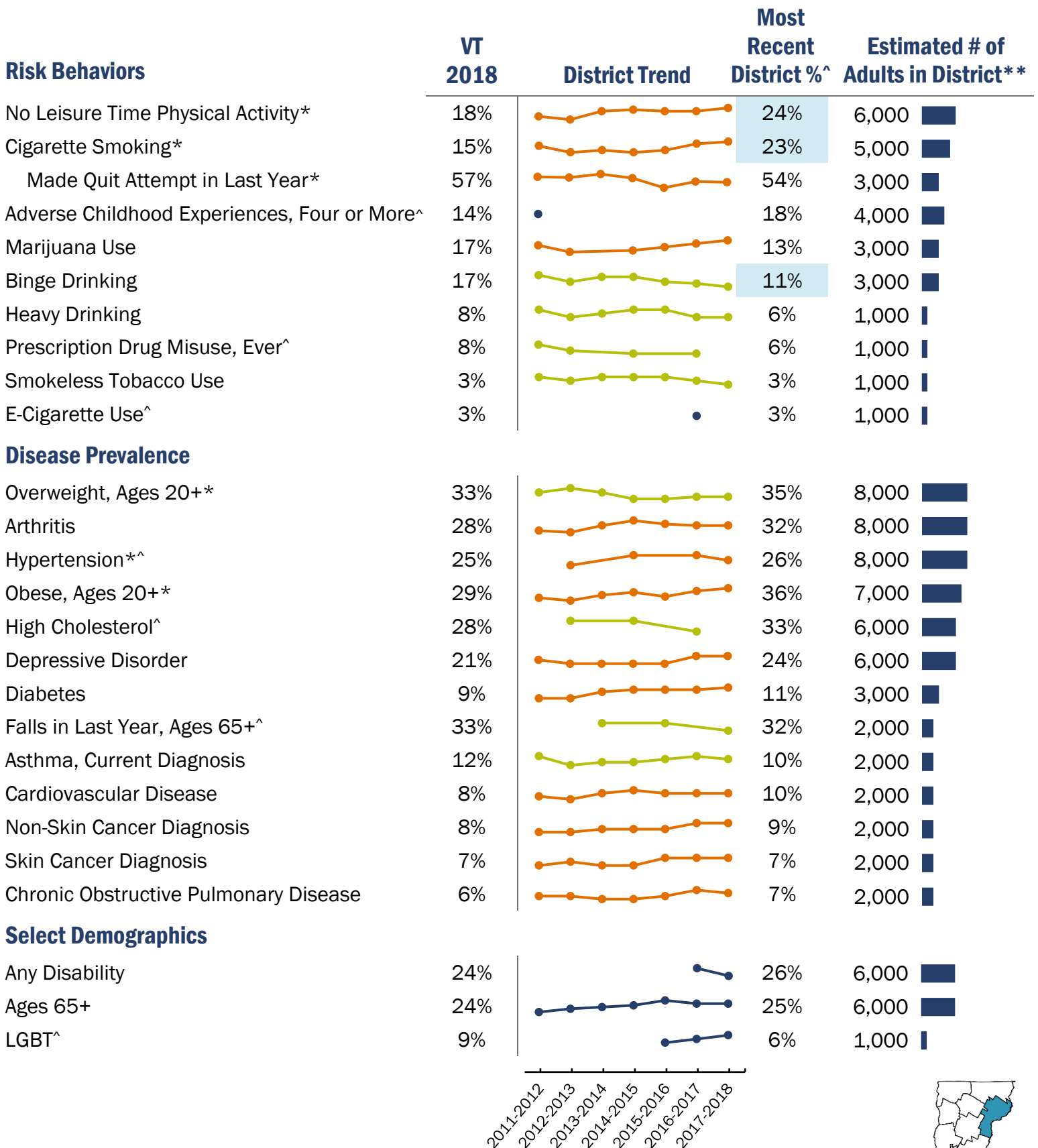
■ Statistically different from Vermont   ◆ No Change   ● Measure moving in right direction   ● Measure moving in wrong direction

*Percent is age-adjusted to the U.S. 2000 population.

**Estimated counts are rounded to the nearest thousand and not age-adjusted.

^ Measures with data years other than 2017-2018. See District Profile – Methodology for details.

Risk Behaviors	VT 2018	District Trend	Most Recent District %^	Estimated # of Adults in District**	
No Leisure Time Physical Activity*	18%		24%	6,000	
Cigarette Smoking*	15%		23%	5,000	
Made Quit Attempt in Last Year*	57%		54%	3,000	
Adverse Childhood Experiences, Four or More^	14%		18%	4,000	
Marijuana Use	17%		13%	3,000	
Binge Drinking	17%		11%	3,000	
Heavy Drinking	8%		6%	1,000	
Prescription Drug Misuse, Ever^	8%		6%	1,000	
Smokeless Tobacco Use	3%		3%	1,000	
E-Cigarette Use^	3%		3%	1,000	

Disease Prevalence					
Overweight, Ages 20+*	33%		35%	8,000	
Arthritis	28%		32%	8,000	
Hypertension*^	25%		26%	8,000	
Obese, Ages 20+*	29%		36%	7,000	
High Cholesterol^	28%		33%	6,000	
Depressive Disorder	21%		24%	6,000	
Diabetes	9%		11%	3,000	
Falls in Last Year, Ages 65+^	33%		32%	2,000	
Asthma, Current Diagnosis	12%		10%	2,000	
Cardiovascular Disease	8%		10%	2,000	
Non-Skin Cancer Diagnosis	8%		9%	2,000	
Skin Cancer Diagnosis	7%		7%	2,000	
Chronic Obstructive Pulmonary Disease	6%		7%	2,000	

Select Demographics					
Any Disability	24%		26%	6,000	
Ages 65+	24%		25%	6,000	
LGBT^	9%		6%	1,000	

Trend axis: 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017, 2017-2018

Data points in the trend line are aggregated with two years of data.
For more information on methodology, and data years for specific measures, see District Profile – Methodology.
For more information about Vermont towns in St. Johnsbury Health District, please visit www.healthvermont.gov/local/st-johnsbury.