

## Health Status Indicators

	VT 2018	District Trend	Most Recent District % <sup>^</sup>	Estimated # of Adults in District**
Have Personal Health Care Provider	86%		85%	41,000
Have Health Insurance, Ages 18-64	92%		92%	32,000
General Health Status is Fair or Poor	14%		15%	7,000
Poor Mental Health	12%		13%	6,000
Poor Physical Health	12%		12%	6,000
Did Not Visit Doctor Due to Cost	8%		6%	3,000

## Preventative Behaviors and Health Screening

Cholesterol Screened, in Last Five Years* <sup>^</sup>	83%		80%	36,000
Dental Visit in Last Year* <sup>^</sup>	73%		77%	36,000
Routine Doctor Visit, in Last Year	76%		72%	34,000
Met Physical Activity Recommendations* <sup>^</sup>	60%		61%	25,000
Ever Tested for HIV	38%		38%	16,000
2+ Daily Fruit Servings* <sup>^</sup>	32%		35%	16,000
Colorectal Cancer Screening, Ages 50-75* <sup>^</sup>	71%		74%	15,000
Met Strength Building Recommendations <sup>^</sup>	31%		30%	13,000
Cervical Cancer Screening, Women 21-65* <sup>^</sup>	86%		89%	11,000
5+ Daily Fruit & Vegetable Servings* <sup>^</sup>	20%		23%	10,000
3+ Daily Vegetable Servings* <sup>^</sup>	20%		20%	9,000
Breast Cancer Screening, Women 50-74* <sup>^</sup>	77%		82%	8,000
Pneumococcal Vaccine, Ever, Ages 65+	75%		80%	8,000
Any Teeth Extracted, Ages 45-64 <sup>^</sup>	48%		46%	8,000
Flu Shot in the Last Year, Ages 65+	54%		56%	6,000
Feel Community is Not Safe for Walking <sup>^</sup>	9%		11%	5,000

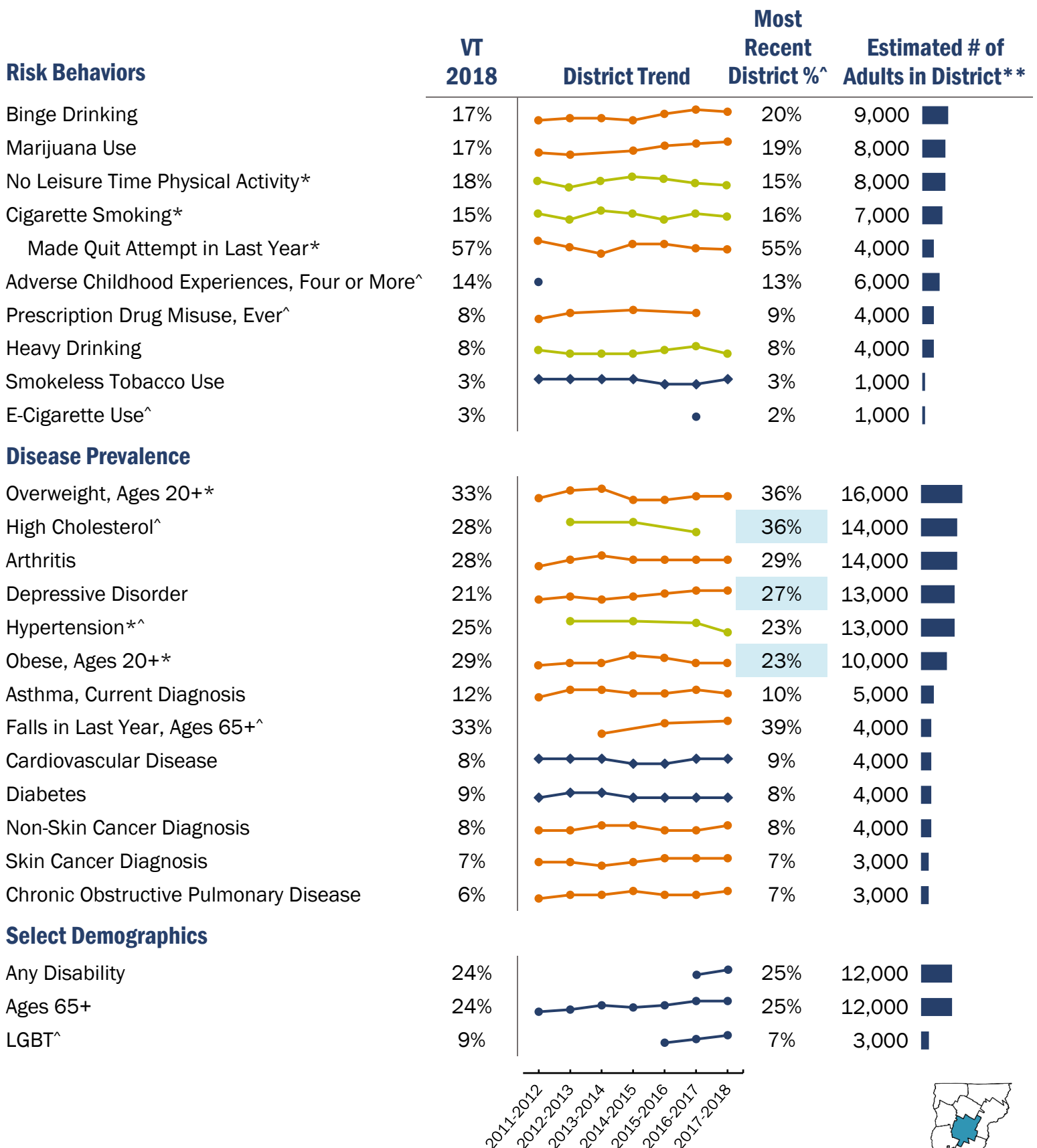
■ Statistically different from Vermont ◆ No Change ● Measure moving in right direction ● Measure moving in wrong direction

\*Percent is age-adjusted to the U.S. 2000 population.

\*\*Estimated counts are rounded to the nearest thousand and not age-adjusted.

<sup>^</sup> Measures with data years other than 2017-2018. See [District Profile – Methodology](#) for details.

# Barre District Profile – Adult Health



Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see [District Profile – Methodology](#).

For more information about Vermont towns in Barre Health District, please visit [www.healthvermont.gov/local/barre](http://www.healthvermont.gov/local/barre).

